

## Witsuwit'en Beginner Phrases

### Personal Comfort

'Ats 'inetasdelh	I'm going to go to the washroom
Tasdliz	I'm going to pee
Tasin	I'm going to poop
Be lhk'ët nec'ininlih	Change his diaper
Be lhk'ët nec'inisdle	I changed his diaper
Snic hawitastliwh	I'm going to blow my nose
Tëzich'is	I sneezed
Nilwis lec?	Are you hot?
Hoo', wenigilwis	I'm not hot
Silh halhdzil	My body is warm
Mi', sisdlï	I'm cold
Hoo', wesdlïh	I'm not cold
Senditin lec?	Are you frozen?
Mi' sisditin	I'm frozen
Hoo' wesditin	I'm not frozen
Hidiltin	They got cold
Sled iltin	My hands are cold
Stin	It's frozen

## Illness

Ndinde lec	Are you sick?
Ndisde	I'm sick
Wendisdeh	I'm not sick
Ndizisde	I got hurt
Silh c'ilts'ilh	I'm aching
Nts'ë tah wik'ëndinde	Where do you hurt?
Sts'in bilh c'ilts'ilh	My bones are aching (arthritis)
Sighu bilh c'ilts'ilh	My back is aching
St'ak wilh c'ilt'ilh	I strained my back
Bikënkwit nedizghiz	He turned his ankle
Bikwit k'intic	He broke his knee
Dikë yik'ëtcy	He landed on his feet
Dinghen bī winilhtlis	He banged his head
Yininye	He fought him
Lhëent'az	They fought each other
Yinek'ëlhcis	He punched him in the eye
Sc'ats 'iwigegh	I have diarrhea
Sca widits'in sili'	I'm constipated
Zec'idilyih	Take a laxative
Zec'idigilye	I took a laxative